

Dear Parents

As we are stepping into Autumn and Winter, your child may begin to display many symptoms such as coughs and colds. We strongly advise that you remain up to date with Government guidance, for parents in particular, to help keep everyone safe and so you know whether to send your child/ren into school.

(Taken from www.nhs.uk/checkif - 'Check if you or your child has coronavirus symptoms')

The main symptoms of Coronavirus are:

- **A high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- **A new, continuous cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- **A loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

Most people with coronavirus have at least 1 of these symptoms.

If your child has any of the main symptoms of coronavirus or you are worried about their symptoms or you are not sure of what to do, use the NHS 111 online coronavirus service. <https://111.nhs.uk/covid-19/>. Call 111 if you cannot get help online. Do not go to places like GP surgery, hospital or pharmacy.

Please inform the school of any absents via the office.

Kind regards

Mrs Ebdon

Headteacher