caterlink
feeding the imagination

Kent & Medway Autumn Menu 2021

		Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Option 1	Macaroni Cheese	Beef Burger In Bun with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Minced Beef Pie with Gravy & Crushed Potatoes	MSC Fishfingers or MSC Salmon Fish Fingers with Chips and Tomato Sauce
	Option 2	Vegetable and Bean Fajitas with 50/50 Rice	Quorn Burger In Bun with Potato Wedges	Homity Pie with Roast Potatoes and Gravy	Tomato and Lentil Pasta with Garlic Bread	Cumberland Quorn Sausage with Chips
	Vegetables	Green Beans Carrots	Coleslaw Sweetcorn	Mixed Vegetable Medley	Broccoli Sweetcorn	Baked Beans Garden Peas
	Dessert	Sticky Toffee Apple Crumble with Custard	Mandarin Segments With Jelly	Apple, Cheese and Biscuits	Eves Pudding and Custard	Fresh Fruit or Yoghurt
Week Two	Option 1	Cheese and Tomato Pizza with New Potatoes	Macaroni Beef Pasta Bake	Roast Beef with Roast Potatoes and Gravy	Mediterranean Chicken (chicken In Tomato Sauce) with Rice	MSC Fish In Batter with Chips and Tomato Sauce
	Option 2	Tuna Pasta Bake	Roasted Cauliflower Curry with Rice	Vegetable Wellington with Roast Potatoes and Gravy	Vegetarian Lasagne	BBQ Quorn with Chips
	Vegetables	Green Beans Baked Beans	Sweetcorn Garden Peas	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
	Dessert	Pear Crumble with Custard	Chocolate Shortbread	Apple Flapjack	Peach Upside Down Cake & Cream	Fresh Fruit or Yoghurt
Week Three	Option 1	Vegetarian Tortilla Stack with Rice	Sausage Roll with Tomato Sauce served with Wedges	Roast Turkey with Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fishfingers with Chips and Tomato Sauce
	Option 2	Devil's Kitchen Meatballs in Tomato Sauce with Pasta	Shepherdess Pie with Gravy	Roasted Quorn Fillet with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake With Garlic Bread	Cheese & Tomato Wholemeal Quiche with Chips
	Vegetables	Carrots Sweetcorn	Garden Peas Cauliflower	Mixed Vegetable Medley	Green Beans Carrots	Baked Beans Garden Peas
	Dessert	Oaty Cookie	Chocolate Sponge with Chocolate Sauce	Ice Cream & Peaches / Vanilla Shortbread & Peaches for Serverys	Rice Pudding with Mixed Berries	Fresh Fruit or Yoghurt

Added Plant Power
Vegan
Wholemeal

Available Daily:
- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Homemade Bread
- Fresh Fruit
- Salad Selection
- Yoghurt

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.