

## **High Aspirations**

Through RE and Catholic Social Teaching, children are taught that they can have high aspirations and be ambitious throughout each step of their faith journey. Through Catholic Social Teaching, they are taught that they can use their successes in life to help and support others in their local community and in the wider world. We equip our children with the skills, emotional literacy and knowledge to be able to play an active and successful role in today's diverse society.

## **Sporting Opportunities and Physical Health**

As in all lessons, teachers will be aware of those times when children need to take 'brain breaks' to encourage children to maintain focus and engagement in RE lessons. Children also take part in active role play activities also encouraging engagement and focus and giving experiential learning opportunities.

### **Moral Values**

Through Religious Education and Catholic Social Teaching, children are given a great sense of strong moral values centred on their faith.

Children are given opportunity through stories from scripture, to study and discuss moral values. Children gain the ability to relate to the thoughts, feelings and actions of Jesus and other important Biblical figures. Through RE and Catholic Social Teaching, children are encouraged to think about their actions, the actions of others and how these impact on the people around them, their community and the wider world.

Children are given opportunities to think deeply about their community and the wider world by investing their time and ideas in supporting a range of charities.

#### **Culture and Arts**

Through RE we empower our children to be socially mobile by having exposure to arts and culture. RE is taught using a range of media. Lessons are taught using examples of fine art. For example, comparisons are made between images of 'The Annunciation' by Fra Angelo and Liviu Dumitrescu ... Our RE lessons, also use music to encourage an atmosphere of reflection and contemplation. Children have exposure to music through religious hymns and songs used in assemblies, liturgies, collective worship and Masses. Many of our children will go on to sing in choirs widening their musical scope and experiences.

# **Emotional and Mental Well-Being**

Through RE and Catholic Social Teaching, children understand that we are beautifully made in God's image. In knowing this, they will know that we are all special and deserve to be valued and cared for as do other people. Children are taught to value others regardless of gender, background and beliefs. They are encouraged to be kind, compassionate and empathetic to others which provides its own benefits to well-being.