## Keeping You Safe at St Thomas More Catholic Primary School



At St Thomas More Catholic Primary School, all of the adults around you think that your health, safety and welfare are very important. In our school, we respect our children and want to keep you safe and help to protect your rights. We do our best to help you to make good progress in your school work and to be happy. We teach you how to recognise risks in different situations and how to protect yourselves and stay safe.

## How will we protect you and keep you safe?

- We will provide a safe environment for you to learn in
- We will keep you safe at school and teach you lots of things of how to stay safe online, around water, around fire, with your friends, looking after your own body and much more
- We think it is important for you to know where to get help if you are worried or unhappy about something

## If you need to talk to an adult, we will listen:

- You can talk to <u>any</u> adult in school including your teacher, Mrs Ebdon, Mrs Le Breton, Mrs Austin or Jody
- You can put something in your class 'Worry Box'
- You can tell a friend and go with your friend to tell an adult
- You can also contact ChildLine

## Don't keep it a secret if someone is:

- Bullying you
- Saying funny things to you that you don't like or something that upsets you
- Touching you
- Trying to give you something you shouldn't have such as cigarettes, alcohol or drugs or give you presents to make you do something you don't want to do
- Hitting you or hurting you in some way
- Taking your things
- Sending unkind messages on the internet or to your phone
- Asking you to send pictures of yourself that you don't want to





**Remember:** Speak to a trusted adult if you are worried at any time. We are here to help you keep safe.



LEARN THE UNDERWEAR RULE